Our Guide to Understanding
Your Health Plan Statement
shows an example of a Health
Plan Statement and describes
its components. To use our
online Guide, have your Health
Plan Statement handy so you
can identify the specific
information that is described
in the Guide.

## 1 As of Date

This is the date on which our system generated your statement with your personalized information. Any health enrollment changes processed on or after this date will not be reflected.

# 2 About You

This is the mailing address we have for you in our computer system. The bar-coded information identifies you in case your statement is returned in the mail. If your mailing information is not correct, be sure to contact your employer's Personnel Office if you are an active employee or CalPERS if you are a retiree.

## 3 Open Enrollment Information

This area has important information about the Open Enrollment period, including the dates of the next open period and the steps you need to take if you want to change your health plan.

#### 2010 Health Plan Statement

Your personalized health benefits information as of July 1, 2010







#### Dear CalPERS Health Program Member:

Welcome to your personalized **2010** *Health Plan Statement*. Your *Health Plan Statement* identifies the health plan in which you and your family members are currently enrolled.

In this packet, you will also find information specific to Open Enrollment, including *Open Enrollment News*. This newsletter contains information about this year's Open Enrollment period (September 13—October 8, 2010), as well as any 2011 health plan benefit or consyment changes.

If you wish to change your health plan, you can do so during Open Enrollment. If you do not wish to change your health plan and CalPERS did not request that you do so, you are not required to respond. By not responding, your health plan will remain the same.

If you are an active employee and you want to make health benefit enrollment changes, contact your Health Benefits Officer at your employer's Personnel Office.

If you are a retiree, CaIPERS is your Health Benefits Officer. Retirees may change their health plan online during Open Enrollment through myl(CaIPERS in http://my.clpers.ca.gov. For questions or assistance, contact us toll free at 888 CaIPERS (or 888-225-7377).

Carefully review your 2010 Health Plan Personal Information located on the reverse side of this page. If any of your enrollment information is incorrect, immediately notify your Health Benefits Officer.



**Your Health Plan Personal Information** 

This page provides current health plan enrollment information for you and your family members. If the personal information on this page is not accurate, contact your employer's Personnel Office if you are an active employee or CalPERS if you are a retiree.

**Your Health Plan** 

This is the name of the health plan in which you and your family members are currently enrolled.

**ZIP Code Eligibility** 

This is the ZIP Code used to determine your eligibility for the health plan in which you are currently enrolled. You may choose either your residential or current work address ZIP Code to establish your eligibility. If you are retired, however, you may not use a P.O. Box or the address of the employer from which you retired to establish eligibility. Foreign addresses will not show a ZIP Code or may be shown as 95814.

**Your Coverage** 

This should show you and all family members who are covered under your health plan. Be sure to review this information for accuracy, and report changes immediately to your employer's Personnel Office if you are an active employee or CalPERS if you are a retiree. Relationship

This identifies you as a CalPERS member (Self) and your relationship with all your covered family members (Family). To make any necessary changes to this information, contact your employer's Personnel Office if you are an active employee or CalPERS if you are a retiree.

**Date of Birth** 

This is the date of birth we have in our records for you and each of your family members.

**Health Coverage** 

This identifies the type of health plan (Basic or Medicare) in which you and your family members are currently enrolled. If you or any of your family members are retired and eligible for Medicare based on a Social Security-qualified disability, you cannot be enrolled in a Basic health plan.

**M** Alert Message

This is the area in which you may see an alert message from CalPERS. If a message like this appears on your statement, it means you need to be aware of important information that applies to you. Please review your statement for an alert message and take appropriate action. as necessary.

**Notice of Privacy Practices** 

This notice informs you of your privacy rights in relation to the medical information CalPERS has on file about you.

